

## Polysomnography Certificate Technical Standards

The following activities are examples of the kind of activities which a student in the Polysomnography program will be required to perform in order to successfully complete the program.

1. **Critical Thinking:** The PSG student should possess critical thinking ability sufficient for clinical judgment. For example: student must be able to identify cause-effect relationships in clinical situations.
2. **Interpersonal Skills:** The PSG student shall possess interpersonal abilities sufficient to interact with individuals, families, groups, etc. from a variety of social, emotional, cultural and intellectual backgrounds. For example: student shall establish rapport with clients/patients and health care team members.
3. **Communication Skills:** The PSG student shall possess communication abilities sufficient for interaction with others in verbal and written form. For example: explain procedures, document and interpret technical actions and patient/client responses.
4. **Mobility:** The PSG student shall possess physical abilities sufficient to move from room to room and maneuver in small spaces, stand and walk for extensive periods of time. For example: moves around in patient's rooms, work spaces and treatment areas, administer cardiopulmonary procedures.
5. **Motor Skills:** The PSG student shall possess gross and fine motor abilities sufficient to provide safe and effective care. For example: calibrate and use equipment, position patients/clients.
6. **Hearing:** The PSG student shall possess auditory ability, sufficient to monitor and assess health needs. For example: hear monitor alarms, emergency signals, cries for help.
7. **Visual:** The PSG student shall possess visual ability sufficient for observation and assessment necessary in care. For example: observe patient/client responses, see calibration of equipment, assess patient.
8. **Tactile:** The PSG student shall possess tactile ability sufficient for physical assessment. For example: perform palpation, application of electrodes.
9. **Weight-Bearing:** The PSG student shall possess ability to lift and manipulate/move 45-50 pounds, weekly and sometimes daily. For example: position patients/clients, move equipment.
10. **Cognitive Abilities:** The PSG student shall possess ability to be oriented to time, place and person and organize responsibilities, make decisions. For example: student shall assess client/patient complaints and implement appropriate plans.
11. **Occupational Exposures:** The allied health/PSG student may be exposed to communicable diseases and/or body fluids, toxic substances, medical preparations and latex. Students shall use appropriate precautions at all times. For example: student may be assigned a client/patient with a communicable disease and shall provide total care using universal precautions.

**Please note: Examples are not all inclusive.**